



Benchmarks in Child Development for Three-Year-Olds Parent Tips

Every child develops individually. Benchmarks are to provide *awareness* of the ages and stages of development. You are your child's best teacher and advocate in learning environments and extra-curricular activities. Become a student of your child to best meet his/her needs.

Benchmarks include:

- Language Development- communication and comprehension skills
- Social/Emotional Development- behavior and relational skills
- Cognitive Development- thinking and problem solving
- Motor Development- physical movement of the body, gross and fine motor skills.

Language Development

Enjoys conversations, three to five word sentences. Asks many questions. Understands by following two-three part commands. Uses words to talk about feelings. Can state name and age.

Parent Tips

Ask questions.

Share the events of the day.

READ!

Social/Emotional Development

Plays alongside other children. Recognizes feelings of other children. Names friends. Imitates others. Enjoys helping with household tasks. Follows simple directions.

Parent Tips

Plan play dates.

Provide opportunities to help at home.

Assist in identifying feelings by name and how to deal with emotions.

Cognitive Development

Enjoys pretend play. Matches and sorts objects by size and color. Makes mechanical toys work. Shows ability to figure things out. Draws simple shapes. Identifies common colors.

Parents Tips

Take part in large muscle activities.

Promote cooperative play.

Provide simple toys for pretend play.

Encourage problem solving.

Motor Development

Climbs and runs, hops on one foot, walks on tiptoe, throws ball, can draw dots, lines and circles, builds with blocks.

Parent Tips

Continue to teach personal hygiene and manners.

Questions? Contact Becky Danielson at b.danielson@berrypatchschool.com.